

UNIT ONE: CASH FLOW Budget and plan for your financial life.

Exercise 2C. Write down your expenses

It's easy to spend money. It's more difficult to keep track of where your money goes. Here's your chance. Use this chart to list all your monthly expenses. Be as realistic as possible. And don't forget to "Pay Yourself First."

Need some help? [See the list of possible expenses.](#)

My Expenses

Monthly Amount

FIXED

Savings (PYF) _____

\$ _____
\$ _____
\$ _____
\$ _____
\$ _____

FLEXIBLE

\$ _____
\$ _____
\$ _____
\$ _____
\$ _____
\$ _____
\$ _____

PERIODIC (divide by the amount of months)

Birthday presents (\$240/12 months) _____

\$ 20 _____
\$ _____
\$ _____

TOTAL MONTHLY EXPENSES

\$ _____